



[thesuperfoodcompany.com](https://thesuperfoodcompany.com)

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**We take extreme care on all the supply chain**, from farming and recollecting through shipping to our customers worldwide, while keeping our own processing line **with the best and most advanced ecofriendly technology**. We make things well so everybody can get the best! ”

- Exporter of peruvian superfoods
- Experience in more than 20 countries
- Workers with important knowledge and experience
- Sustainability focus in our stakerholders, products and planet.
- Top 3 in the industry
- Innovative and creative company
- Great service, any requirement is answered in less than 24 hours
- Competitive prices
- Marketing and education material to our customers.

To achieve our objectives,  
**our priority is to continue  
advancing** in the  
fulfillment of our  
environmental goals.



# Eco-friendly **COMPANY**

“As we progress into the 21st Century, whoever considers himself realist will have to take the environment as top priority. Our planet’s alarm has started to sound a long time ago, we need to finally awake and take action. At The Superfood Company, we deliver 100% of our orders in recyclable cardboard boxes, our bags are completely biodegradable and we use recyclable paper and materials on our catalogs, office and business cards. As a B Corporation, we meet strict social and environmental performance standards so everybody can be sure that we are doing things right, contributing in making ours a better world”.

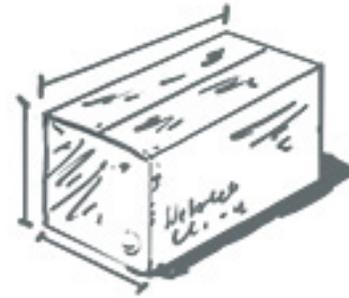
Alonso Hernandez Arias Schreiber / **Founder of The Superfood Company**



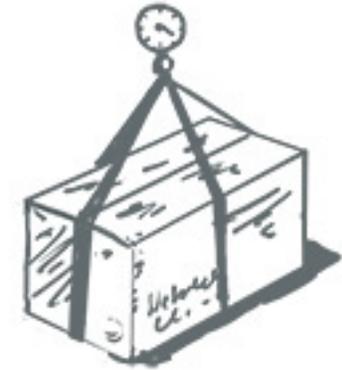
# Bulk Supply



- We supply **FCL** or **LCL** in all our superfood products
- We offer **100% peruvian** product with the possibility of a contract flexibility
- **Boxes** presentation **20 KG**
- We have more than **+15 PRODUCTS** list ready to export and make mix containers.
- Our carton boxes are **100% RECYCABLE**



Mastercase  
40cm x 25cm x 60cm

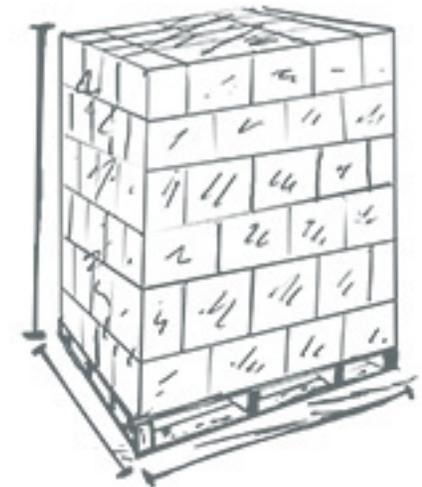
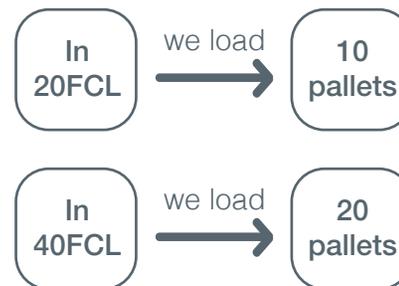


20kg  
Product weight

## Store

1m x 1.2m x 2.10m

- **Biodegradable** pallet for better storage and manipulation.
- **Client label** request.







## Private Label

We offer our clients the possibility to create their own brand through private labeling or the option to sell and distribute our own brand.

You can choose from our variety of customizable products: a range of packaging materials and sizes, powders or whole dried foods or make your own blend or recipe to bring it to your clients the way you want.

Please contact us in [info@thesuperfoodcompany.com](mailto:info@thesuperfoodcompany.com) so we can help you meet your changing and demanding market requirements in the way only The Superfood Company can accomplish and feel free to tell the world how our commitment story is now your story.



# International clients around the world



Products

# Superfoods from Peru



# Cacao

We are proud to be able to export one of the best peruvian cacao in the world.

Cacao tops the list of foods with the highest antioxidant content, exceeding that of a green tea, red wine and many fruits.

Cacao is a great source of magnesium, which is essential for heart health, strong bones and healthy blood pressure levels. Also, cacao has powerful antioxidants.

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## NUTRITIONAL BENEFITS

- **Contains these Minerals:** Calcium, potassium, magnesium, phosphorus, iron, and zinc.
- **Contains these Vitamins:** Vitamins A, C, E, K, B6, thiamin, riboflavin, and niacin.

## HEALTH BENEFITS

- Anti-oxidants helps protects skin against cell damage
- It improves the health of the liver and prevents certain types of cancer
- Can help reduce bad cholesterol and raise good cholesterol, by using free radicals
- Stimulates the immune system
- Essential for heart health, strong bones, and healthy blood pressure levels
- Helps to support healthy nails, skin, and hair
- May help athletes to recover from oxidative stress and relieve stress.
- Helps with digestion



# PRESENTATIONS

## RAW / ROASTED CACAO NIBS



They can be considered as a healthy form of chocolate chips, which are sliced from the cacao beans and then roasted to acquire the digestible/tasty form. Furthermore, they can be used as a tasty snack, added to cookies, trail mix, smoothies and ice cream.

## CACAO NIBS WITH LUCUMA



The Superfood Company cacao nibs with Lucuma will give you a sweet and natural jolt, so you can enjoy an exotic recipe made just for you. This product contains the main nutritional properties of Cacao, Lucuma and Yacon, such as: Protein, Calcium, Iron, Manganese, Potassium and Copper.

## BUTTER



This is fantastic for baking pastries such as: cookies, cakes, donuts, chocolate bread, chocolate pudding etc. The key word in this would be pastries and desserts.



## PASTE

Cacao Paste is prepared by grinding cacao nibs at temperatures below 118°F to yield a rich paste that is then cooled and dried, forming chocolaty chunks. Moreover, it can be used to make your own chocolate creations, as well as, baked goods



## COATED WITH CACAO AND YACON SYRUP

We wanted to do something different with cacao, something new. Cacao nibs sweetened with different superfood was the mission. We bring to you the final result of many attempts that ended up in a delicious and very nutritious product.



## POWDER

This is a great source for making cacao brownies, hot chocolate, mousses, cakes or just mixing with milk. This is great source for making a healthy dessert, which many times is used to alleviate stress.



# Maca

Maca roots come in a variety of colors but the most prominent varieties are **yellow, red, and black**.

Maca is grown at elevations of 3,800 to 4,800 meters above sea level in the Andes Mountains, of Peru. Each one has its own unique health properties. Maca is considered a “Superfood” because of all its **health oriented properties**.

During the growing process the Maca plant uniquely absorbs the **rich nutrients** in the soil to provide a “Superfood” that gives great balance to the body.

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## NUTRITIONAL BENEFITS

- **Contains these Minerals:** Calcium, potassium, iron, sodium, copper, and manganese.
- **Contains these Vitamins:** Vitamin C, B6, and niacin.





### HEALTH BENEFITS

- It contains aphrodisiac properties and stimulates fertility.
- Dietary supplement for women, men and elite athletes
- Stimulates the immune system
- Helps to have a healthy physical stamina, energy and strength levels
- It improves memory and cognitive capabilities
- Helps to the regeneration of cartilage and bones
- The unique alkaloids found in maca, called Macainas, have been shown to nourish and support the endocrine system.
- May help with having healthy blood sugar levels

## PRESENTATIONS

### RAW AND GELATINIZED

This is a great source of nutrients/vitamins, which can be used to make cupcakes, pancakes, and many other pastries. It can also be used to make milk shakes or even mix with water.



# Acai

The acai berry fruit is one of the most nutrient dense “superfoods” in the world. Acai grows in the Amazon rainforest and it is abundant in **antioxidants, Omega 6, Omega 9 fatty acids** which are rarely found in fruits.

The berries also contain combinations of essential amino acids, polyphenols and flavonoids. Furthermore, it contains minerals such as iron, magnesium, potassium, calcium and vitamins **B1, B2, B3, C and E**.

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## NUTRITIONAL BENEFITS

- **Contains these Minerals:** Iron, magnesium, potassium, calcium, and others in less quantity.
- **Contains these Vitamins:** Vitamin B1, B2, B3, C, and E





**HEALTH BENEFITS** 

- Has powerful anti-aging food because of its high content of Antioxidants
- One of the highest ORAC ratings (The Antioxidant levels in food)
- Can help reduce bad cholesterol and raise good cholesterol, by using free radicals
- May support healthy body weight
- Helps to support healthy hair, skin and nails
- It improves the health of the liver and prevents certain types of cancer
- May improve energy levels

# PRESENTATIONS

## POWDER

Acai powder is great for making smoothies, milkshakes or just mixing it with water. This is an excellent powerfruit to eat on a daily basis and can be used to make pastries and juices. It is a quick source of energy with health benefits.



# Lucuma

It is a native fruit of the Peruvian Andean region. It grows at temperate elevations between 2,700 meters to 3,000 meters. According to historians, the use of Lucuma pre – dates the Inca Empire.

This delicious fruit / powder is rich in niacin (Vitamin B3), which **helps to stimulates the functioning of the nervous system**, it is also rich in fiber, iron, zinc, calcium and beta carotene, and an excellent source of carbohydrates, making it a high energy food.

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## NUTRITIONAL BENEFITS

- Contains these Minerals: Sodium, iron, potassium, zinc, magnesium, and calcium.
- Contains these Vitamins: Vitamin B, beta-carotene, and niacin.





### HEALTH BENEFITS

- It can help stabilize blood sugar, while also curbing cravings and appetite - making it great for sprinkling on your porridge in the morning.
- This super fruit is full of fiber, which can help the digestive system work properly, reducing constipation and bloating.
- It has a super low glycemic index meaning it's a great sweetener.
- A study by Rutgers University also found that Lucuma extract had an anti-inflammatory effect on wound healing and skin ageing.
- Other wondrous health benefits of the fruit include its immune-boosting properties, as well as its natural antibiotic and antimicrobial properties.

## PRESENTATIONS

### POWDER

This is great for making lucuma milkshakes, smoothies, lucuma ice cream, lucuma eggnog, etc.



# Quinoa

Quinoa originated about **5,000 years ago** in the Andean region of Peru and Bolivia. Quinoa isn't just packed with protein, it **provides a lot of vital minerals for healthy diets** too.

Quinoa is very **high in magnesium**; just one cup has about 30% of the recommended daily amount. **Potassium, zinc, and iron are also present** in this whole grain. Quinoa is **gluten free**, high in protein, fiber, folate, iron, zinc, magnesium, phosphorus and manganese.

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## NUTRITIONAL BENEFITS

- **Contains these Minerals:** Potassium, magnesium, phosphorus, manganese, iron, zinc, calcium, and sodium.
- **Contains these Vitamins:** Vitamin A, E, B6, thiamin, niacin, and folate.



## HEALTH BENEFITS

- Beneficial in maintaining lower levels of bad cholesterol.
- Reduces risk of atherosclerosis and corona heart diseases.
- Prevents development of cataract and delays the onset of macular degeneration.

- Aids in weight loss and managing diabetes.
- Protects against chronic diseases and cancer.
- Boosts immune system and helps to detoxify body.
- Helps to maintain optimal liver, Kidney and heart health.

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## PRESENTATIONS

### GRAIN



This is a great source of protein which can be used for making quinoa salads, quinoa pudding, quinoa risotto, quinoa burgers, quinoa porridge and many other recipes.

### POWDER



Powder can be used to bake quinoa pancakes, quinoa cupcakes, quinoa bread, quinoa cookies, quinoa milkshakes, etc.

### PUFF



Quinoa puffs are great for adding to breakfast cereals, oatmeal, yogurt, making energy bars, and many more breakfast/desserts in a healthy and tasty way.

### FLAKES



Quinoa flakes are great for mixing and baking with oatmeal. This can be great to make oatmeal-quinoa flake cookies, as well.



# Sacha Inchi

Sacha inchi is a plant that produces large, edible seeds rich in **omega-3 and omega-6 fatty acids, protein, and other substances such as vitamin E and beta-sitosterol**. Native to Peru, Sacha inchi is also known as sacha peanut, jungle peanut, or Inca peanut.

This nut was used by Amazon Natives as a **natural anti-oxidant**, a way to reduce cholesterol, as well as a way to reinforce the immune system.

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## NUTRITIONAL BENEFITS

- Contains Omega 3, 6 and 9. Fibers and high amounts of proteins.
- Contains these Vitamins: Vitamins A, and E



## HEALTH BENEFITS

- It may help to strengthen the heart and maintain a stable blood pressure.
- Promotes the reduction of the level of bad cholesterol in the blood.
- It's a functional food ideal for pregnant women because it favors the proper brain development of the fetus.
- It favors the increase of the speeding of the different brain functions that are linked to memory, intelligence and reasoning.
- Helps transport nutrients through the bloodstream and helps maintain metabolic balance.
- It is a natural antioxidant

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## PRESENTATIONS

### SACHA INCHI SNACKS



These are the roasted form of the seeds and can come in 2 forms: salted and unsalted. Furthermore, it can be used as a tasty snack, used in form of trail mix, protein bars, etc.

### SACHA INCHI POWDER



It is considered a complete protein source because it contains all nine essential amino acids which may facilitate cell growth to maintain normal muscle support. It is great for protein shakes and for baking.

### COATED WITH CACAO



We combine 2 of the greatest superfoods Cacao and Sacha Inchi to have one of the best super snacks in the planet with a delicious flavor. Furthermore, this snack is known for its important source of Potassium, Omega3.

### SACHA INCHI OIL



It is great for daily intake of nutrients, salad dressings or even food toppings.



# Goldenberry

Golden Berry has been known as a native Peruvian fruit are tropical super berries with high content of **vitamin A and C**.

They give them antioxidant properties by drying the fruit, the water activity index – which refers to the amount of water in a food – is significantly lowered.

The foods with a low water activity have a much longer shelf life and are far less likely to spoil.

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## NUTRITIONAL BENEFITS

- **Contains these Minerals:** Phosphorus, calcium, potassium, iron, and magnesium.
- **Contains these Vitamins:** Vitamin C, B, riboflavin thiamin, niacin, and beta-carotene.



## HEALTH BENEFITS

- Aids in weight loss and managing diabetes
- Protects against chronic diseases.
- Boosts immune system and helps to detoxify body
- Helps to maintain optimal liver, kidney, and heart health

- Beneficial in maintaining lower levels of bad cholesterol
- Reduces risk of atherosclerosis and coronary heart diseases
- Prevents development of cataract and delays the onset of macular degeneration

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## PRESENTATIONS



### DRIET FRUIT

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Golden Berries can be used for various methods, such as: salad toppings (like raisins), juices, yogurts, etc. Golden berries can be used as a cocktail mix.



### COATED WITH CACAO

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We combine 2 of the greatest superfoods Cacao and Goldenberry to have one of the best super snacks in the planet with a delicious flavor



# Chia

Chia seeds offer the highest combined plant source of **Omega 3's, fiber and protein**, as well as, a large range of vitamins, minerals and antioxidants.

Chia Seeds contain all **nine essential amino acids** and is a complete protein source.

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## NUTRITIONAL BENEFITS

- **Contains these Minerals:** Calcium, potassium, phosphorus, sodium, zinc, and manganese.
- **Contains these Vitamins:** Vitamin A, B1, B2, B3, B6, B8, and E.



## HEALTH BENEFITS

- Blood sugar regulator
- Can lower triglycerides and cholesterol levels while increasing HDL or "good" cholesterol.
- Help with satiety, which is the feeling of being full and satisfied, which helps lower food cravings between meals.
- Used often as an energetic, especially in sports

- Helps to prevent hypertension.
- Helps to maintain a healthy weight, and are important for energy metabolism and a part of DNA synthesis.
- Gives Relief from Arthritis, Gout & Other Inflammation Related Issues
- Helps in strengthening follicles, and preventing male pattern baldness.

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## PRESENTATIONS



### SEEDS

This is great for making chia salads, mixing with pudding, mixing with water, mixing with juices, making protein bars or even making chia with oatmeal..



### POWDER

This is perfect for baking bread, pancakes, cupcakes, chia-cacao brownies, cookies, milk shakes, smoothies, etc..



### OIL

This is great for salad dressings, smoothies or even just taking a daily teaspoon in the morning. It can be added to any pastries without altering the taste of what is being baked.



# Camu Camu

Camu camu, is a sour berry, similar to cherry in color. It's native to the Amazon rainforest but has gained popularity worldwide due to its many **purported health benefits**.

Camu camu is considered a superfood mainly due to a high content of certain nutrients and powerful plant compounds, including **vitamin C**.

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## NUTRITIONAL BENEFITS

- **Contains these Minerals:** Calcium, phosphorus, iron, and other minerals in less quantity
- **Contains these Vitamins:** Vitamin C, A, niacin, thiamine, and carotene.



## HEALTH BENEFITS

- Is highly effective in strengthening the immune system
- Is great for the gums, eyes, and skin
- May improve energy levels
- Reduces risk of infertility in men
- Helps to facilitate growth and protection of muscles

- Helps balance mood swings and mental anxiety
- Reduces risk of cancer and diabetes
- Protects against viral and bacterial infections
- May help to prevent cognitive disorders (Alzheimer's disease and Dementia)

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## PRESENTATIONS

### POWDER

Camu Camu Powder can be incorporated into various recipes. For instance, camu camu cider, camu camu frozen yogurt, coconut quinoa porridge with camu camu ompote, camu camu honey, juices, smoothies, etc.



# Brazil Nuts

The Brazil Nut is rich in protein and essential amino acids. Needless to mention, **it is ideal for people with nutritional problems** and is often used as an energy supplement in the diets of sportsmen or those who exercise.

Furthermore, it provides vitamins, such as Vitamin C, Vitamin A, Vitamin B1 and B2. It also contains minerals such as: Calcium, Phosphorus and Iron.

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## NUTRITIONAL BENEFITS

- **Contains these Minerals:** Magnesium, potassium, selenium, zinc, and calcium.
- **Contains these Vitamins:** Vitamin A, E, B1, and B2.



## HEALTH BENEFITS

- It may help to lower high cholesterol or lower Triglycerides in the blood, thanks to its high amounts of Omega 6.
- The presence of selenium is a key mineral in caring for and protecting the heart.

- Its high amounts of protein allows the human body to have more energy.
- Its natural antioxidants helps reduce the negative effects of free radicals.

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## PRESENTATIONS

### COATED WITH CACAO



We combine two superfoods in one, Cacao with Amazon Nuts, are the richest food in selenium, very high in protein and healthy acids and antioxidants.

### NUTS



Are the richest food in selenium, very high in protein and healthy fatty acids. Amazon Nuts are great to eat as a snack alone or combined with other nuts and dried fruits. Likewise, perfect for bakery and cooking in all kind of dishes and desserts.



# Yacon

Yacon root powder provides an amazingly sweet and delicious snack. Our Yacon powders are made from heirloom varieties grown in Peru and **are dried using a proprietary low-temperature process to provide the highest nutritional and enzymatic quality.**

This versatile “superfood” simply can’t be beat when you’re looking for a healthy sweet treat. Because the Yacon’s sweetness comes chiefly from fructo - **olifosaccharides**, compounds which the human body doesn’t absorb, it is a low - **calorie and low** - glycemic food.

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## NUTRITIONAL BENEFITS

- **Contains these Minerals:** Calcium, potassium, magnesium, phosphorus, and iron.
- **Contains these Vitamins:** Vitamin A, B1, C, carotene, riboflavin, and niacin..



## HEALTH BENEFITS

- It improves the health of the liver and prevents certain types of diseases
- Can provide an addition to a healthy balanced meal
- Can be helpful in digestion and nutrient absorption.
- It regulates blood sugar levels and lowers “bad” cholesterol
- Stimulates the immune system

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## PRESENTATIONS

### POWDER

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This is great for baking pastries such as: pancakes, cupcakes, yacon smoothies, cookies, etc.

### SYRUP

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This can be used as a creative salad dressing, used as a sugar supplement, can be used for pancakes (instead of maple syrup), chicken glaze topping, etc.



# Mesquite

Mesquite powder is made from the dried seed pods of the mesquite tree, is a legume native to the South America. Its pods can be ground to form a sweet powder and also used as a natural sweetener in baking and various recipes requiring a hint of sweetness to increase the depth of flavor.

Mesquite powder is a high plant protein with a **high soluble fiber content and high in calcium, magnesium, potassium, iron, and zinc**. It is considered a superfood and an adaptogen. An adaptogen is a food that helps the body adjust to stress and protects the body functions from stress hormones.

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## NUTRITIONAL BENEFITS

- **Contains these Minerals:** Phosphorus, magnesium, potassium, iron, silicon and calcium.
- **Contains these Vitamins:** Vitamin D and vitamins of group B, among which B1, B2 and B3 stand out.



## HEALTH BENEFITS

- This magnificent superfood contains high quantities of minerals such as calcium, magnesium, potassium, iron and zinc.
- It also contains other essential nutrients, as for example is the case of provitamin A and beta carotene and good amount of fiber.
- It is a natural energizer, Given that 50% of its

composition are sugars and 10% proteins.

- It stands out for being very low in fat and for providing an interesting satiating effect, very useful for diets of slimming.
- Is noted for its high fiber content, Which means that its regular consumption is extremely beneficial for our intestinal transit, since it improves and regulates it.

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## PRESENTATIONS

### POWDER

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This is a great source of minerals and vitamins. It is a great addition to your diet, which can be used in smoothies, desserts or energy bars.



# Turmeric

Mesquite powder is made from the dried seed pods of the mesquite tree, is a legume native to the South America. Its pods can be ground to form a **sweet powder and also used as a natural sweetener in baking** and various recipes requiring a hint of sweetness to increase the depth of flavor.

Mesquite powder is a **high plant protein** with a high soluble fiber content and high in calcium, magnesium, potassium, iron, and zinc. It is considered a superfood and an adaptogen. An adaptogen is a food that **helps the body adjust to stress and protects the body functions from stress hormones**.

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## NUTRITIONAL BENEFITS

- **Vitamins:** Very rich in vitamins of group B, C, E and K.
- **Minerals:** Phosphorus, calcium, iron, magnesium, manganese, zinc and copper.



## HEALTH BENEFITS

- It contains bioactive compounds with powerful medicinal properties
- Is a natural anti-Inflammatory
- It dramatically increases the antioxidant capacity of the body
- It can help prevent cancer
- It boosts brain-derived neurotrophic factor, linked to improved brain function and a lower risk of brain diseases
- Studies show that curcuma has incredible benefits against depression

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## PRESENTATIONS

### POWDER

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It can be used to prepared drinks like Tea, broth or a sunrise smoothie. to make curry to prepare a soothing face mask, acne gel, brighten your teeth and to stop the itch.





# SUPERFOOD SUPER YOU

Learn more about  
our **super retail products**



[thesuperfoodcompany.com/products](https://thesuperfoodcompany.com/products)

# If we give more of us, we take less from the planet

We firmly believe that where focus goes energy flows, so we do not only give full support to the producers, but we walk aside them step by step, from planting through harvest, in order to bring to you these amazing Peruvian superfoods!



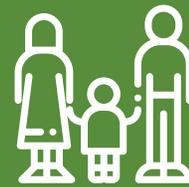
**+899**

collectors



**+42**

positively impacted  
communities



**+728**

directly benefited  
families



**+9**

peruvian regions



**We love** what we do

Loaded with  
**PERUVIAN  
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